



## Discussing REBLOZYL<sup>®</sup> With Your Doctor

A resource that will help you wherever  
you are in your REBLOZYL journey

You and your healthcare team are in this treatment journey together. **Keeping open lines of communication can help your healthcare team stay closely connected with you and better understand how you're feeling.** To help you, this guide has conversation starters and questions you can ask your doctor at different points in your REBLOZYL journey. Fill out this guide to help prepare yourself before your next visit so you can discuss treatment for your anemia related to myelodysplastic syndromes (MDS).

To get started, select the button that applies best to you:

Considering REBLOZYL >>

Starting REBLOZYL >>

Already on REBLOZYL >>

### What is REBLOZYL?



REBLOZYL is a prescription medicine for injection, and is used to treat anemia (low red blood cells) in adults with:

**MDS-RS or MDS/MPN-RS-T** who need regular red blood cell (RBC) transfusions and have not responded well to or cannot receive another type of medicine called an erythropoiesis stimulating agent (ESA).

**MDS-RS:** myeloddysplastic syndromes with ring sideroblasts

**MDS/MPN-RS-T:** myeloddysplastic or myelopproliferative neoplasms with ring sideroblasts and thrombocytosis

- ✗ REBLOZYL is not a substitute for RBC transfusions in people who need immediate treatment for anemia.
- ✗ It is not known if REBLOZYL is safe or effective in children under 18 years of age.

### What should I discuss with my healthcare team before starting treatment?



**Talk to your healthcare team about all of your health problems and risk factors**, including if you:

- have or have had blood clots
- take hormone replacement therapy or birth control pills (oral contraceptives)
- have had your spleen removed (splenectomy)
- smoke
- have or have had high blood pressure (hypertension)

Please see **Important Safety Information on pages 5-7**,  
and full [Prescribing Information](#) and [Patient Information](#) for REBLOZYL.

# Considering REBLOZYL

Considering a different treatment for your anemia related to MDS may feel overwhelming. That is why it is important to talk openly with your healthcare team. Remember, you are your best advocate. If you don't understand something, ask questions or ask someone to explain it in a different way. **To help you remember everything you want to share with your healthcare team, consider filling out questions 1-4 before your next visit.**

1. My current and past anemia treatments (if applicable):

2. My current treatment goal(s):

*An example of a treatment goal could be to be transfusion-independent.*

3. Symptoms I am currently experiencing:

Problems with memory or thinking	Pale or yellowish skin
Feeling tired	Headaches
Weakness	Shortness of breath
Dizziness	Muscle cramps and bone pains
Chills	Other:
Lightheadedness	

4. Anemia impacts these parts of my daily life:

5. Are the number of RBC transfusions I'm receiving helping me to achieve my treatment goals?

6. Could REBLOZYL be right for me? If so, how is it different from my current treatment?

7. How might REBLOZYL help with my anemia? What are the possible side effects?

Please see Important Safety Information on pages 5-7, and full [Prescribing Information](#) and [Patient Information](#) for REBLOZYL.

**Reblozyl**<sup>®</sup>  
(luspatercept-aamt)  
for injection 25mg • 75mg

## Starting REBLOZYL

You may be wondering what to expect when beginning your REBLOZYL treatment for your anemia related to MDS. **Here are some questions you can ask before you get started that might help you feel more prepared:**

1. How will I receive REBLOZYL?

2. How often will I receive a REBLOZYL injection?

3. What are the side effects and how may I feel throughout treatment?

4. How might my dose of REBLOZYL change over time?

5. What should my goal(s) be while on REBLOZYL treatment?

6. What should I be tracking and reporting to my doctor at every appointment?

“ I’m so thankful for my medical team. I openly share my feelings—good, bad, or indifferent. We talk about my numbers and what effect they are having on my body, which helped me be comfortable in making my decision. ”

Donna, Patient on REBLOZYL

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## Already on REBLOZYL

It's important that you discuss what you've been tracking, how you're feeling, and if you think you're meeting your treatment goals with your doctor at every visit. **Asking questions throughout your treatment on REBLOZYL can make you feel more comfortable about your decision to stay on treatment for your anemia related to MDS.**

1. Based on my symptoms and how I'm responding to REBLOZYL, is my current dose working for me?

2. What should I track and monitor from now until my next appointment?

3. Am I still meeting my treatment goals? Will I need to adjust them over time?

*An example of a treatment goal could be to be transfusion-independent.*



You may feel like there is a lot of information to keep track of while receiving REBLOZYL. **To help you record this important information throughout your journey, visit:**

[Treatment Tracker >>](#)

“ I'm grateful to have responded to REBLOZYL. Even though I am doing well with treatment, there are still questions that pop up. I know the importance of communicating with my medical team because they have my back throughout my journey. ”

Donna, Patient on REBLOZYL

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## Important Facts About REBLOZYL® (luspatercept-aamt)

This is a summary of important information that you need to know about REBLOZYL. Your healthcare team can work with you to help answer any questions you may have about this medication. **Keep this information in a safe place so you can refer to it before and during your treatment.**

### Look out for the following icons as you read:



Talk to your healthcare team



Call a healthcare provider right away



Helpful information to remember

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**MDS-RS:** **m**yelod**ys**plastic **s**yndromes with **r**ing **s**ideroblasts

**MDS/MPN-RS-T:** **m**yelod**ys**plastic or **m**yelop**ro**liferative **n**eoplasms with **r**ing **s**ideroblasts and **t**hrombocytosis

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- have had your spleen removed (splenectomy)
- smoke
- have or have had high blood pressure (hypertension)




**Talk to your healthcare team about all the medicines you are taking**, including:

- prescription medicines
- over-the-counter medicines
- vitamins
- herbal supplements

These are not all the topics you should discuss with your healthcare team. Ask your healthcare team about anything you may be unsure about before starting treatment.

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## What should I discuss with my healthcare team about pregnancy, birth control, and breastfeeding?

 **Talk to your healthcare team** if:



### **You are pregnant or plan to become pregnant — REBLOZYL may harm your unborn baby**

If you are able to become pregnant, your healthcare team should do a pregnancy test before you start receiving REBLOZYL. You should use an effective method of birth control during treatment and for at least 3 months after your last dose of REBLOZYL. Talk to your healthcare team about birth control methods that you can use with REBLOZYL.



**Call your healthcare provider right away** if you become pregnant or think you are pregnant during treatment with REBLOZYL.

**REBLOZYL may affect your ability to become pregnant.** Talk to your healthcare team if fertility problems are a concern for you.



### **You are breastfeeding or plan to breastfeed**

Do not breastfeed during treatment and for 3 months after the last dose of REBLOZYL. It is not known if REBLOZYL passes into your breast milk. Talk to your healthcare team about the best way to feed your baby during this time.

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## What are the serious side effects of REBLOZYL?

A **serious side effect** is a side effect that can sometimes become life-threatening and can lead to death. They may happen any time during treatment or even after your treatment has ended. You may experience more than one side effect at the same time.

**Blood clots (thrombosis/thromboembolism)** — Blood clots in the arteries, veins, brain, and lungs have happened in people with  $\beta$ -thalassemia during treatment with REBLOZYL. The risk of blood clots may be higher in people who have had their spleen removed or who take hormone replacement therapy or birth control pills.



**Call your healthcare provider or get medical help right away** if you have any of these symptoms:

- chest pain
- trouble breathing or shortness of breath
- pain in your leg, with or without swelling
- a cold or pale arm or leg
- sudden numbness or weakness that is short-term or continues to happen over a long period of time, especially on one side of the body
- severe headache or confusion
- sudden trouble with seeing, speaking, balancing, walking, or dizziness

**High blood pressure (hypertension)** — REBLOZYL may cause an increase in your blood pressure. Your healthcare provider will check your blood pressure before you receive your REBLOZYL dose. Your healthcare provider may prescribe you medicine to treat high blood pressure or increase the dose of medicine you already take to treat high blood pressure, if you develop high blood pressure during treatment with REBLOZYL.

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## What are the most common side effects of REBLOZYL?

The most common side effects of REBLOZYL include:

- feeling tired
- muscle or bone pain
- dizziness
- diarrhea
- stomach (abdominal) pain
- allergic reactions
- headache
- joint pain (arthralgia)
- nausea
- cough
- trouble breathing

These are not all of the possible side effects.



**Talk to your healthcare team** for more information about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA by visiting [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or calling 1-800-FDA-1088.

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## How will I receive REBLOZYL?



**REBLOZYL is given as a subcutaneous injection (under your skin)** in the upper arm, thigh, or stomach by your healthcare provider. The recommended starting dose of REBLOZYL is 1 mg/kg, once every 3 weeks. Work with your healthcare team to determine the right treatment plan for you.

REBLOZYL is a type of medicine called an erythroid maturation agent (EMA), and comes in single-dose vials that need to be prepared for injection by a healthcare professional.

Active ingredients: luspatercept-aamt

Inactive ingredients: citric acid monohydrate, polysorbate 80, sucrose, and tri-sodium citrate dihydrate



Before each REBLOZYL injection, your healthcare provider will do a blood test to check your hemoglobin and review your transfusion record to see how your anemia is responding to REBLOZYL. Your healthcare provider may adjust your dose or stop treatment depending on how you respond to REBLOZYL.

## What if I delayed or missed a dose?



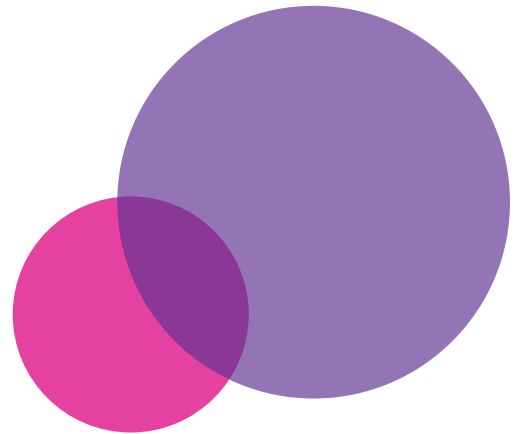
**Call your healthcare provider as soon as possible** to reschedule your next appointment if you delayed or missed a dose. Your healthcare provider will give your dose of REBLOZYL as soon as possible. Your treatment with REBLOZYL will continue as prescribed, with at least 3 weeks between doses.



For more information, please see [accompanying Full Prescribing Information](#) and [Medication Guide](#) for REBLOZYL. Talk to your healthcare team for more information about this medication.

## Notes

Use the space below for any additional thoughts or information.




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