

REBLOZYL TREATMENT TRACKER

Keeping track of your transfusions and sharing your symptoms can help your healthcare team manage your treatment.

You can play an active role in your treatment journey.

Use this treatment tracker to:

- Talk to your healthcare team on what to track
- Write down important dates and details in your treatment journey
- Bring these notes to your appointments to make discussions with your healthcare team easier



**For additional information about REBLOZYL,
visit REBLOZYL.com/findoutmore**

WHAT IS REBLOZYL® (luspatercept-aamt)?

REBLOZYL is a prescription medicine used to treat anemia (low red blood cells) in adults with myelodysplastic syndromes with ring sideroblasts (MDS-RS) or myelodysplastic/myeloproliferative neoplasms with ring sideroblasts and thrombocytosis (MDS/MPN-RS-T) who need regular RBC transfusions and have not responded well to or cannot receive an erythropoiesis stimulating agent (ESA).

REBLOZYL is not for use as a substitute for RBC transfusions in people who need immediate treatment for anemia. It is not known if REBLOZYL is safe or effective in children.

BEFORE RECEIVING REBLOZYL, TELL YOUR HEALTHCARE PROVIDER ABOUT ALL OF YOUR MEDICAL CONDITIONS, INCLUDING IF YOU:

- have or have had blood clots
- have or have had high blood pressure (hypertension)
- take hormone replacement therapy or birth control pills (oral contraceptives)
- have had your spleen removed (splenectomy)
- smoke

Please see additional Important Safety Information in this piece, and full [Prescribing Information](#) and [Patient Information](#) for REBLOZYL at REBLOZYL.com.

Reblozyl®
(luspatercept-aamt)
for injection 25mg • 75mg

SAMPLE Tracker

DATE

OFFICE VISIT YES NO

REBLOZYL RECEIVED YES NO

IF YES, DOSE

HEMOGLOBIN BEFORE g/dL

HEMOGLOBIN AFTER g/dL

Ask your healthcare team about your hemoglobin level and REBLOZYL dose.

SYMPTOMS (example)

DATE	SYMPTOM	SEVERITY	NOTES
9/3	tired	1 2 3 3	Severely tired Needed to nap

Indicate the date you experienced the side effect or symptom

Note the type of side effect

Score the side effect
1 = mild
2 = moderate
3 = severe

Write down any specifics

RBC TRANSFUSIONS (example)

RBC TRANSFUSION DATE	NUMBER OF UNITS	NOTES
9/15	1	Chills, mild lower back pain

Indicate the date(s) of RBC transfusion

Note the number of RBC units received

Write down any specifics

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Tracker

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SYMPTOMS

DATE	SYMPTOM	SEVERITY	NOTES
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RBC TRANSFUSIONS

RBC TRANSFUSION DATE	NUMBER OF UNITS	NOTES

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Important Safety Information

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BEFORE RECEIVING REBLOZYL, TELL YOUR HEALTHCARE PROVIDER ABOUT ALL OF YOUR MEDICAL CONDITIONS, INCLUDING IF YOU:

- have or have had blood clots
- have or have had high blood pressure (hypertension)
- take hormone replacement therapy or birth control pills (oral contraceptives)
- have had your spleen removed (splenectomy)
- smoke
- are pregnant or plan to become pregnant. REBLOZYL may harm your unborn baby. Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with REBLOZYL.

Females who are able to become pregnant:

- Your healthcare provider should do a pregnancy test before you start treatment with REBLOZYL.
- You should use effective birth control (contraception) during treatment with REBLOZYL and for at least 3 months after the last dose.
- are breastfeeding or plan to breastfeed. It is not known if REBLOZYL passes into your breast milk.
 - Do not breastfeed during treatment with REBLOZYL and for 3 months after the last dose. Talk to your healthcare provider about the best way to feed your baby during this time.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements

(continued)

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Reblozyl[®]
(luspatercept-aamt)
for injection 25mg • 75mg

Important Safety Information (continued)

WHAT ARE THE POSSIBLE SIDE EFFECTS OF REBLOZYL?

REBLOZYL may cause serious side effects, including:

- **Blood clots.** Blood clots in the arteries, veins, brain, and lungs have happened in people with beta thalassemia during treatment with REBLOZYL. The risk of blood clots may be higher in people who have had their spleen removed or who take hormone replacement therapy or birth control (oral contraceptives). Call your healthcare provider or get medical help right away if you have any of these symptoms:
 - chest pain
 - trouble breathing or shortness of breath
 - pain in your leg, with or without swelling
 - a cold or pale arm or leg
 - sudden numbness or weakness that are both short-term or continue to happen over a long period of time, especially on one side of the body
 - severe headache or confusion
 - sudden problems with vision, speech, or balance (such as trouble speaking, difficulty walking, or dizziness)
- **High blood pressure.** REBLOZYL may cause an increase in your blood pressure. Your healthcare provider will check your blood pressure before you receive your REBLOZYL dose. Your healthcare provider may prescribe you medicine to treat high blood pressure or increase the dose of medicine you already take to treat high blood pressure, if you develop high blood pressure during treatment with REBLOZYL.

The most common side effects of REBLOZYL include:

- tiredness
- muscle or bone pain
- dizziness
- diarrhea
- stomach (abdominal) pain
- allergic reactions
- headache
- joint pain (arthralgia)
- nausea
- cough
- trouble breathing

REBLOZYL may cause fertility problems in females. This could affect your ability to become pregnant. Talk to your healthcare provider if this is a concern for you.

These are not all of the possible side effects of REBLOZYL. Call your doctor for medical advice about side effects. You are encouraged to report side effects to the FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Please see full [Prescribing Information](#) and [Patient Information](#) for REBLOZYL at REBLOZYL.com.



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Reblozyl[®]
(luspatercept-aamt)
for injection 25mg • 75mg

Patient Information
REBLOZYL® (REB-low-zil)
(luspatercept-aamt)
for injection, for subcutaneous use

What is REBLOZYL?

REBLOZYL is a prescription medicine used to treat anemia (low red blood cells) in adults with:

- beta thalassemia who need regular red blood cell (RBC) transfusions.
- myelodysplastic syndromes with ring sideroblasts (MDS-RS) or myelodysplastic/myeloproliferative neoplasms with ring sideroblasts and thrombocytosis (MDS/MPN-RS-T) who need regular RBC transfusion and have not responded well to or cannot receive an erythropoiesis stimulating agent (ESA).

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How will I receive REBLOZYL?

- Your healthcare provider will prescribe REBLOZYL in a dose that is right for you.
- REBLOZYL is given as an injection under your skin (subcutaneous) in the upper arm, thigh or stomach (abdomen) by your healthcare provider.
- Your healthcare provider will do regular blood tests to check your hemoglobin to monitor if your anemia is getting better before each injection and during your treatment with REBLOZYL.
- Your healthcare provider may adjust your dose or stop treatment depending on how you respond to REBLOZYL.
- If your scheduled REBLOZYL dose is delayed or missed, your healthcare provider will give your dose of REBLOZYL as soon as possible and continue your treatment as prescribed with at least 3 weeks between doses.

What are the possible side effects of REBLOZYL?

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General information about the safe and effective use of REBLOZYL.

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. You can ask your healthcare provider or pharmacist for information about REBLOZYL that is written for healthcare professionals.

What are the ingredients in REBLOZYL?

Active ingredient: luspatercept-aamt

Inactive ingredients: citric acid monohydrate, polysorbate 80, sucrose, and tri-sodium citrate dihydrate.

Manufactured by: Celgene Corporation, 86 Morris Avenue, Summit, NJ 07901

Jointly Marketed by: Acceleron Pharma, Inc. Cambridge, MA 02139

REBLOZYL® is a registered trademark of Celgene Corporation.

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For more information, go to www.REBLOZYL.com or call 1-888-423-5436.